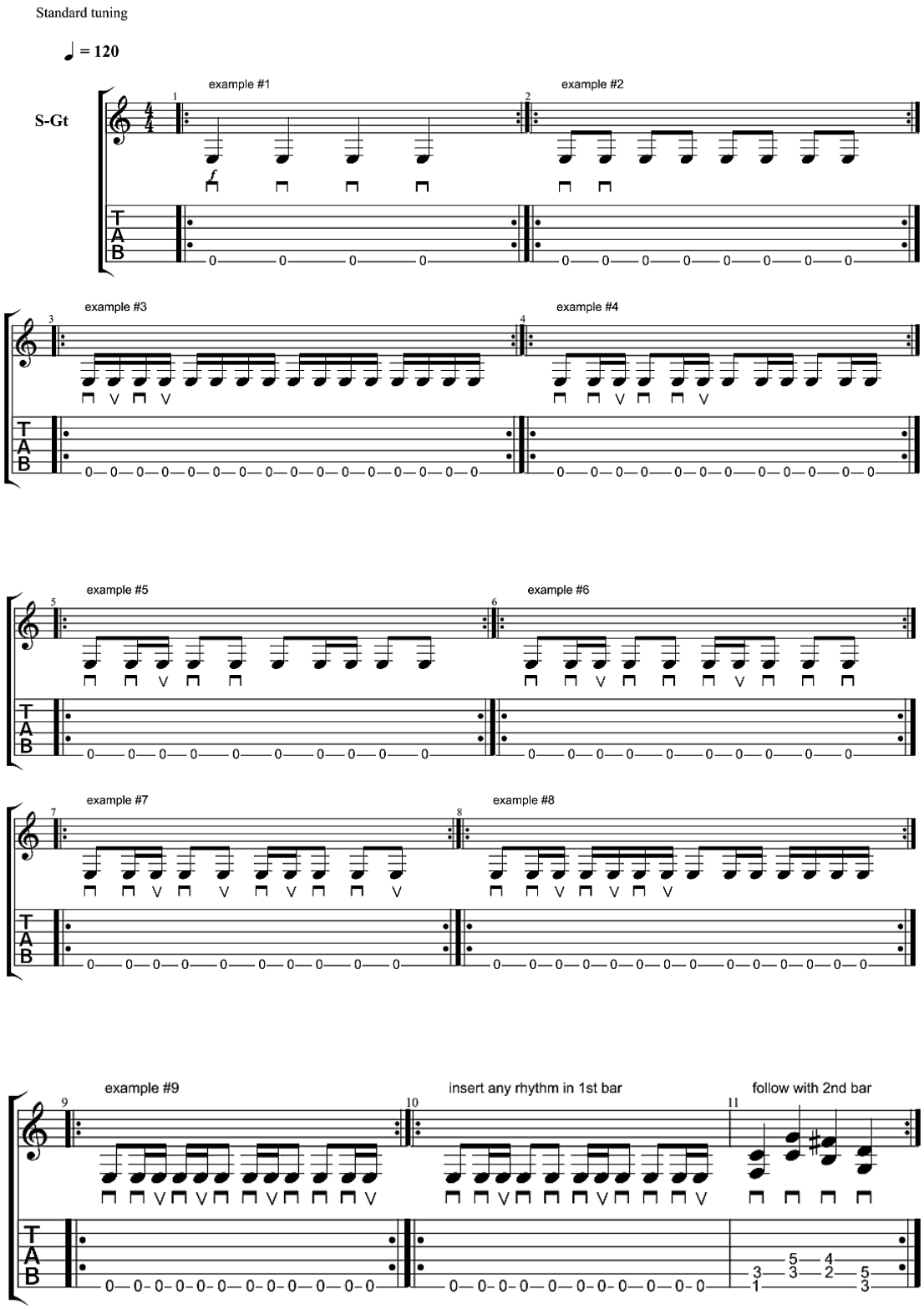Palm Muting Exercises 1b